

Size Information

One size fits most.

Washing Instructions

Remove straps, pads or liners and close all hook and loop closures before washing. Hand wash straps with mild detergent in cold water, and hang dry only. Do not dry clean, bleach and iron. Occasionally apply a dry lubricant to hinge especially after use in water.

Caution

If you experience any pain, swelling, sensation changes, or any unusual reaction while using the product, please consult your physician immediately.

Note: Straps are designed to be cut for a more comfortable and custom patient fit. Simply remove Velcro at straps end, cut to appropriate length, and reapply Velcro.



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Application Instructions

The OA Reliever

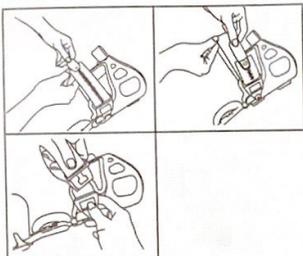


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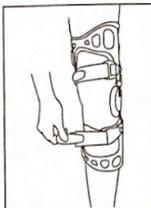
INSTRUCTIONS FOR USE

KB-138 The OA Reliever

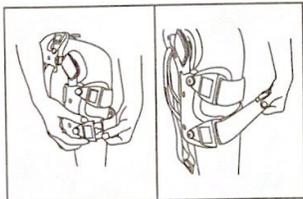
Application Instructions



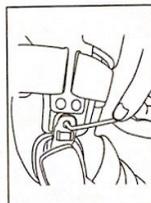
1. For first time application, detach all buckles and loosen each strap.



2. Apply the knee brace with the patient seated and knee joint flexion at 80° -90° .
3. Press the shell against the leg and secure number 1 buckle around the calf. Adjust the strap length to desired fit by using the hook and loop closure. Next, fasten strap number 2 around the lower calf muscles.
4. Fasten the thigh straps in proper order and in the same way as strap number 1.



5. Stand, and check the tightness of the straps.
6. Walk with the brace on to see if the straps cause any discomfort or pain to worsen. If it does, re-adjust the strap while seated, then stand and walk again to test the pain relief.



7. Adjust the hinge with hex wrench for minor adjustments.

How to Set the Hinge



1. Use a screwdriver to remove screws and detach the cover of hinge.
2. Take off the existing stop and insert new plug-in stops, which are desired flexion/extension degree.
3. Put the cover of hinge and screws back. Be sure that screws are seated and snug. Both medial (inside) hinge and lateral (outside) hinge stops must be identical in degrees.