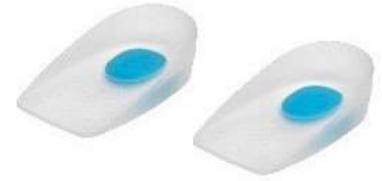


Orthotic Heel Cups

The **ISO Preferred Orthotic Heel Cups** uses a molded medical grade silicone with soft areas in the center to help provide pain relief and comfort in the heel area. The insert is sold in pairs and can be inserted in dress, casual or athletic footwear. Use only as directed to achieve maximum benefit for your concerns.



ISO Preferred Orthotic Heel Cups (OR10x) provide relief by using a soft silicone gel interior to help with the Plantar Fasciitis, Achilles tendonitis, and Calcaneal (heel) spurs. Due to the excellent shock absorption features, the heel cups provide relief for arthritis in the leg and joint and help reduce shock and vibration to the joints; provides relief for long hours of standing.

1. Heel Cups are available in unisex sizes and are designed to fit male and female Small to X-Large Shoe sizes (see chart). Soft silicone heel cups may be inserted into dress, casual or athletic shoes. Note: Shoes with laces or ties and a full back and side support are recommended for best results.
2. Remove from packaging and loosen shoe laces.
3. Insert heel cups into heel of shoe.
4. Insert foot into shoe. Adjust position or tighten laces for comfort and fit.
5. Note: Do not use with open-back shoes, sandals, flip-flops or slippers.

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INTRODUCTION

Your **ISO Preferred Orthotic Heel Cups (OR10x)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Orthotic Heel Cups (OR10x)** you will want to separate the parts where applicable and care for them individually.

- Spot clean with mild detergent and damp cloth.
- Do not soak or immerse fully in water.
- Air dry. Do not re-insert into shoe into fully dry.
- Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred Orthotic Heel Cups (OR10x)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly.

SKU	SIZE	WOMEN'S SHOE SIZE	MEN'S SHOE SIZE
OR-100	Small	7-9	5-7
OR-101	Medium	10-12	8-10
OR-102	Large	12	10.5-12
OR-103	X-Large	12.5+	12.5+