

## Cervical Collar

The ISO Preferred Cervical Collar reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your orthopedic professional's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.



ISO Preferred Cervical Collar (NE36x) is intended for post-operative, Cervical fractures or strain, Herniated disc, Muscle weakness/Whiplash, Halo removal, Anterior cervical fusion Dens type I cervical fracture of C2, Anterior discectomy, Suspected cervical trauma in unconscious patients, Tear-drop fracture of the vertebral body (Note: Some tear-drop fractures require anterior decompression and fusion).

1. Overlay one side of the rear portion of the cervical collar on top of the front portion of the collar and secure the fastening strap into place.

1



2. Place the front of the cervical collar into place. Remember to lift your chin while sliding the collar into the correct position. With your chin resting in the curved position, center the collar with the trachea opening positioned directly over your trachea.

2



3. Wrap the remainder of the collar around the back of your head/neck region. Remember to wrap the rear of the collar over the front part and then fasten the strap securely into place.

3



4. With the cervical collar securely in place, adjust the collar so that it is snug, such that you are unable to lower your chin or turn your neck side to side. **DO NOT OVERTIGHTEN.**

4





## INTRODUCTION

Your **ISO Preferred Cervical Collar (NE36x)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at [www.ISOpreferred.com](http://www.ISOpreferred.com) so that this device can provide you with superior long-term usability and care.

## USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Cervical Collar (NE36x)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

## CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Cervical Collar (NE36x)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Separate the front and the rear of the collar.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.
- Allow all parts to air dry prior to reassembling the device.

## CAUTION

The **ISO Preferred Cervical Collar (NE36x)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**

SKU	SIZE	NECK CIRCUMFERENCE
ISO-NE364	Small	10"-13"
ISO-NE365	Medium	13"-16"
ISO-NE366	Large	16"-19"
ISO-NE367	X-Large	19"+

