

Premium Elbow Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The premium elbow brace provides stability and support for elbow dislocations, cubital tunnel syndrome, and ruptured tendons in the elbow. Effective in relieving strain on the elbow by unloading the weight of the forearm and preventing unwanted flexion/ extension.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

CLEANING INSTRUCTIONS

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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PREPARATION

1) Use the flexion/ extension settings on the hinge to set the desired range of motion (Fig. A).



2) Using the telescoping buttons provided, set the length of the elbow brace so that it covers the majority of both the upper arm and forearm (Fig. B).



APPLICATION

1) Loosen all closure straps, and place arm in the elbow brace. Make sure that the hinge lines up with the outside of the elbow, and that the d-ring holding the shoulder strap is at the wrist (Fig. C).



2) Beginning with the topmost strap, tighten each strap so that the brace fits snug on the arm. Continue to make sure that the hinge stays aligned with the elbow (Fig. D).



3) Continue working down the arm, tightening each closure strap so that the brace fits snug, and little movement is experienced (Fig. E).



4) Once all closure straps have been tightened, feed the shoulder strap across the chest, over the shoulder, under the forearm, and attach the connector to the d-ring located in the middle shoulder strap, as shown (Fig. F).

