



## The Revolution AFO

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

### INDICATIONS

The Revolution AFO provides stability and support for chronic ankle sprains, ankle instability, and syndesmosis sprains. Effective in the healing of ankle fractures and patient ambulation.

### CAUTION

The application instructions listed below are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

### PREPARATION

1) Unfasten top closure cuff and soft liner. Loosen both quick-lace straps.

### APPLICATION

1) While seated, place the injured foot in the brace, similar to putting on a shoe. Position so that the heel is against the back of the soft liner. (Fig. A)

2) Fasten the Velcro closure on the soft liner. Position so that the rigid plastic stays on the brace are centered over each side of the ankle. (Fig. B)

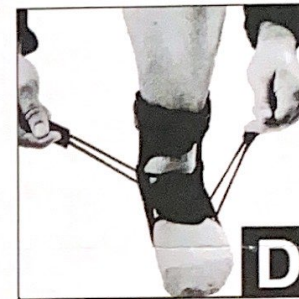
3) Fasten the cuff closure straps over the soft liner so that the brace fits snug and little movement is experienced. (Fig. C)

4) Simultaneously pull both quick-lace straps tight and secure by crossing each quick-lace strap over the top of the foot and attaching to the soft liner. Make sure the brace still fits snug and is centered over each side of the ankle. (Fig. D)

### POSTERIOR PANEL APPLICATION(OPTIONAL)

1) For added support, the optional posterior panel can be attached to the Revolution AFO. Open the plastic cuff at the tabs provided (when facing the back of the brace, tabs will be located on the right, just behind the Velcro tabs for the cuff closure). (Fig. E)

2) Feed the cuff through the slots on the posterior panel and re-attach the cuff. Continue to apply the brace, as indicated above. (Fig. F)



### CLEANING INSTRUCTIONS

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

Part #	Size	Men	Women
AB0103-150L-01	The Revolution AFO-Left,Small	Up to 8"	Up to 9"
AB0103-150L-02	The Revolution AFO-Left,Medium	8.5" -12"	9.5" -13"
AB0103-150L-03	The Revolution AFO-Left,Large	12.5"+	13.5"+
AB0103-150R-01	The Revolution AFO-Right,Small	Up to 8"	Up to 9"
AB0103-150R-02	The Revolution AFO-Right,Medium	8.5" -12"	9.5" -13"
AB0103-150R-03	The Revolution AFO-Right,Large	12.5"+	13.5"+

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